



Mera Peak with Mark Inglis Late March 2017.

Mera Peak (6461m) is the highest trekking peak in Nepal and a safe and delightful introduction to climbing in the Himalaya. The route follows the blue pine and rhododendron forest trails of the Hinku Valley.

When acclimatised we climb to a high camp just below Mera La and prepare for the attempt on the main summit of Mera Peak. The ascent is not technically demanding and has unequalled views of Everest, Lhotse and Makalu making this a fine Himalayan climb. The team that you will join with Mark is his team from climbs of Cho Oyu and Everest, the very experienced Sherpa, cook and porter staff that make all the difference in achieving your goals!

By traveling with Mark you get a unique insight to not just the mountains but also the people of the Himalaya.

Itinerary:

Fly Auckland to Kathmandu via Singapore, 2 nights in Kathmandu

Trek:

Day 1 Fly Kathmandu – Lukla, overnight camp in Thukdingma.

Day 2 Thukdingma trek to Tsetre overnight camp

Day 3 Tsetre trek to Thaksingdingma

Day 4 Thaksingdingma trek to Thagnak overnight camp

Day 5 Rest day

Day 6 Thagnak trek to Khare

Day 7 Khare trek to Base Camp

Day 8 Rest day for acclimatization (You can explore around or climb up for a few hours and come back to the Base Camp for the night)

Day 9 High camp and make preparation for the next day to get to the summit.

Day 10 Today we go to the summit and the views of Pumori (7161m), Lhotse (8516m) Makalu (8463m), Lobuche (6145m), Cho Oyu (8201m) and of course Everest (8850) are spectacular from the summit. We retrace to Base Camp

Day 11-16 Mera Peak Base Camp - Lukla. We follow the same route and come back to Lukla

Day 17 Fly Lukla - Kathmandu

2 nights in Kathmandu with 1 full free day to experience the city, fly Kathmandu to Auckland via Singapore

Check out this YouTube video for the last 2 days on Mera Peak

http://www.youtube.com/watch?v=A3py3uaRN_c&NR=1

A detailed trekking Itinerary will be available before departure with daily trekking times, most days are 4 – 6 hours trekking.

Email Mark for details and costings – mark@markinglis.co.nz

April 2016